



OMAC

WORLD CLASS
MARTIAL ARTS

OMAC Vaughan

905-417-7880

Vaughan@omacmartialarts.ca









1490 Major Mackenzie Dr W D1-2

2023 Class Schedule

(Effective Date: January 9th~)

DOJANG 1

(Main Front Doors)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02:30PM - 06:00PM	02:30PM - 06:00PM	02:30PM - 06:00PM	02:30PM - 06:00PM	02:30PM - 06:00PM	08:15AM - 09:00AM
After School Program	After School Program	After School Program	After School Program	After School Program	White Belt
05:00PM - 05:45PM	05:00PM - 05:30PM	05:00PM - 05:45PM	05:00PM - 05:45PM	05:00PM - 05:45PM	09:15AM - 10:00AM
Yellow - Orange (No spectators allowed during this time)	Tiny Tigers (No spectators allowed during this time)	Black Belt (No spectators allowed during this time)	White Belt (No spectators allowed during this time)	Blue - Purple (No spectators allowed during this time)	Yellow - Orange
06:00PM - 06:45PM	05:45PM - 06:30PM	06:00PM - 06:30PM	06:00PM - 06:30PM	06:00PM - 06:45PM	10:15AM - 11:00AM
Brown - Black White	Competition Sparring Team	Tiny Tigers	Tiny Tigers	Yellow - Orange	Blue - Purple
07:00PM - 07:45PM	06:45PM - 07:30PM	06:45PM - 07:30PM	06:45PM - 07:30PM	07:00PM - 07:45PM	11:45PM - 12:00PM
Blue - Purple	White Belt	White Belt	Brown - Black White	Black Belt	Brown - Black White
08:00PM - 08:45PM	07:45PM - 08:30PM	07:45PM - 08:30PM	07:45PM - 09:00PM	08:00PM - 08:45PM	<div> @omacvaughan3</div> <div> @omacmartialarts</div> <div> OMAC Vaughan3</div> <div> omacmartialarts.ca</div>
Black Belt	Yellow - Orange	Blue - Purple	Competition Sparring Team (Fight Ready!)	Competition Sparring Team	
	08:45PM - 09:30PM	08:45PM - 09:30PM	<div><p>If you enjoy kicking it please leave us a Google review!</p></div>		
	Black Belt	Brown - Black White			



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DOJANG 2 (Side Door)

OMAC Vaughan

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1490 Major Mackenzie Dr W D1-2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02:30PM - 06:00PM	02:30PM - 06:00PM	02:30PM - 06:00PM	02:30PM - 06:00PM	02:30PM - 06:00PM	09:15AM - 10:00AM
After School Program	After School Program	After School Program	After School Program	After School Program	Family Class
06:00PM - 06:45PM	06:00PM - 06:30PM	05:00PM - 05:45PM	05:00PM - 05:45PM	07:00PM - 07:45PM	11:15AM - 12:00PM
Teen + Adult Kickboxing	Trial Class	Black Red + Black Belt Prep	Family Class	Teen + Adult Kickboxing	Teen + Adult Kickboxing
08:00PM - 08:45PM	06:45PM - 07:30PM	06:00PM - 06:30PM	06:00PM - 06:30PM	08:00PM - 08:45PM	
Black Red + Black Belt Prep	Family Class	Trial Class	Trial Class	Black Red + Black Belt Prep	
		06:45PM - 07:30PM	07:45PM - 08:30PM		
		Teen + Adult Kickboxing	Black Red + Black Belt Prep		



**If you enjoy kicking it
please leave us a Google review!**

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