



CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE BELTS AGES 6 - 12 5:00 - 5:30 pm	TINY TIGERS AGES 3 - 5 ALL BELTS 5:00 - 5:30 PM	WHITE BELTS AGES 6 - 12 5:00 - 5:30 pm	TINY TIGERS AGES 3 - 5 ALL BELTS 5:00 - 5:30 pm	HYPER STUNTS & WEAPONRY AGES 5 - 9 5:00 - 5:30 pm	TINY TIGERS FAMILY CLASS AGES 3 - 5 9:30 - 10:00 am
TINY TIGERS AGES 3 - 5 ALL BELTS 5:30 - 6:00 pm	YELLOW ORANGE BLUE 5:30 - 6:15 pm	YELLOW ORANGE BLUE 5:30 - 6:15 pm	WHITE BELTS AGES 6 - 12 5:30 - 6:00 pm	SPARRING CLASS AGES 6 - 12 YELLOW BELTS + 5:30 - 6:15 pm	CHILDREN'S FAMILY CLASS AGES 6 - 12 10:15 - 10:45 am
BLACK BELTS 6:00 - 6:45 pm	GREEN PURPLE BROWN RED BLACK-WHITE BLACK-RED 6:15 - 7:00 pm	GREEN PURPLE BROWN RED BLACK-WHITE BLACK-RED 6:15 - 7:00 pm	YELLOW ORANGE BLUE 6:00 - 6:45 pm	HYPER STUNTS & WEAPONRY AGES 10+ 6:15 - 6:45 pm	LEADERSHIP TRAINING AGES 6 + 11:00 - 11:30 am
TEENS & ADULTS AGES 13+ 6:45 - 7:30 pm	TEENS & ADULTS + BLACK BELTS 7:00 - 7:45 pm	TEENS & ADULTS + BLACK BELTS 7:00 - 7:45 pm	GREEN PURPLE BROWN RED BLACK-WHITE BLACK-RED 6:45 - 7:30 pm	SPARRING CLASS AGES 13+ 6:45 - 7:30 pm	TEENS & ADULTS + BLACK BELTS 11:30 - 12:00 pm
WEEK 1 SPARRING + SELF-DEFENCE DRILLS	WEEK 2 WEAPONRY	WEEK 3 PATTERNS	WEEK 4 +5 If applicable CURRICULUM REVIEW		